

EMILY BEAULIEU, REGISTERED PROVISIONAL PSYCHOLOGIST

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WORK AND VOLUNTEER EXPERIENCE

Access 24/7 • Edmonton, Alberta

Mental Health Therapist

July 2022– Current

- Completed Mental Status Examinations by phone, in person, and in the community to triage clients and refer to appropriate services
- Consulted with social works, nurses, physicians, and police to coordinate services

Creating Solutions • Edmonton, Alberta

Private Practice

June 2022– Current

- Provided individual therapy, using a primarily solution-focused and CBT approach, to adult and teenage clients

Momentum Walk-in Counselling • Edmonton, Alberta

Counsellor

December 2020 – June 2022

- Worked with an interdisciplinary team to offer solution-focused single-session walk-in counselling to individual adults and couples
- Provided therapy to ongoing clients from a primarily strengths-based, solution-focused orientation
- Collaborated with clients to define personal recovery goals using preferred outcome exploration
- Reviewed client feedback and scaled progress toward individual goals to inform treatment
- Supported the facilitation of Queer Café, Anxiety and Depression, and Emotional Regulation psychoeducation groups

University of Alberta • Edmonton, Alberta

Teaching Assistant - PSYCO282 and PSYCO335

May 2019 – December 2019

- Graded assignments on behaviour modification and clinical psychology

DISTRESS CENTRE • CRISIS LINE VOLUNTEER AND LEADERSHIP VOLUNTEER

September 2016 – October 2018

- Followed the Roberts Model to build rapport with callers and de-escalate crises
- Followed standard procedures in risk assessment and managing call cards, intakes, and other paperwork

SUPERVISION AND REFERENCES

CURRENT SUPERVISOR – AIMEE REIMER (AIMEE.REIMER.RPSYCH@GMAIL.COM)

EXTERNAL SUPERVISION FOR CLIENTS AT MOMENTUM WALK-IN COUNSELLING

MED COUNSELLING PSYCHOLOGY - UNIVERSITY OF ALBERTA

EDPY533 + EDPY 534: Basic Skills, Issues, and Attitudes in Counselling I and II)

- -Supervised by Tory Pino (tory@transcendpsychological.com) at Clinical Services
 - Practiced Cognitive Behavioural Therapy

EDPY 635: Advanced Multicultural Counselling

- -Supervised by Meena Ramaswamy (meena.s.ramaswamy@gmail.com) at Clinical Services
 - Focused on cross-cultural factors in case conceptualization

EDUCATION AND CERTIFICATES

MEd COUNSELLING PSYCHOLOGY

UNIVERSITY OF ALBERTA • Edmonton, Alberta • 2020 • 4.0 GPA

BSc. NEUROSCIENCE

FACULTY OF SCIENCE SILVER MEDALLION IN NEUROSCIENCE

UNIVERSITY OF CALGARY • Calgary, Alberta • 2014

ASIST (Applied Suicide Skills Intervention Training) • Centre for Suicide Prevention

March 2-3, 2017

Indigenous Canada • University of Alberta and Coursera

August, 2017