

**BRANDI L SMITH**

#204, 9509 156 St, Edmonton, AB, T5P 4J5 | 780-414-0609 | brandis1@telus.net

**PROFESSIONAL REGISTRATION**

College of Alberta Psychologists (CAP) – Registered Psychologist (#3610)  
 Association of Family and Conciliation Courts  
 American Association of Marital and Family Therapists  
 American Psychological Association  
 International Academy of Collaborative Professionals  
 Canadian Psychological Association  
 Approved Aboriginal Specialist with First Nations and Inuit Health Branch (FNIHB)

**EDUCATION**

Yorkville University, NB  
**M.A. in Counselling Psychology** 2008  
 Case Presentation: Working with Resistant Youth  
 Clinical Practicum Completed at Bosco Homes Youth Ranch

Augustana University, AB  
**Clinical and Counselling Psychology Coursework** 2005

University of Alberta, AB  
**B.A. in Psychology** 2004  
 Industrial Internship completed at Drumheller Penitentiary

**PROFESSIONAL EXPERIENCE**

Creating Solutions Inc.  
**Registered Psychologist** 2008- present

- Psychotherapy with individuals & couples; utilizing primarily emotion-focused, strength-based, CBT, and mindfulness modalities
- General assessment of functioning and treatment planning of individuals, families, children, and couples
- Post-divorce interventions with collaborative and court involved families; child focused family interventions and Child Specialist Role
- Psychotherapy with children & youth; utilizing primarily play therapy techniques and creative interventions
- Psychoeducational assessments for children aged 6-16 years
- Group workshops and presentations; guest lecturer for various classes and conferences
- Approved provider for: First Nations & Inuit Health, BC Victims Services, Zebra Centre, and various EAP providers

Primary Care Network  
**Registered Psychologist** 2010-2013

- Individual, couple, and child general functioning assessment and treatment planning
- Team member of the Chronic Pain Clinic and Geriatric Clinic; including Substance Abuse assessment and functioning assessments

- Strategic planning and collaboration with multiple community stakeholders
- Short term psychotherapy for individuals, children, and couples; group presentations, workshops for community stakeholders
- Program planning and clinical outcomes monitoring

## Catholic Social Services

**Clinical Counsellor/Registered Provisional Psychologist****2008-2011**

- Psychotherapy with individuals, couples, and families
- Psychotherapy with children and youth residing in treatment care; primarily attachment and trauma based
- Train staff members in conflict resolution, communication, and client intervention techniques
- Behaviour assessments as part of outcome and progress monitoring for children and youth
- Development of a strength-based, client-focused treatment model
- Strategic Planning Committee member; integrating the use of a client-centred programming across multiple delivered programs

## Alta Care Resources Inc

**Crisis Intervention Supervisor, Youth Worker, Family Support Worker****2003-2008**

- Support families in parenting skill development, life management, and personal strengths
- Strength-based and systemic modalities to engage parents and families
- Complete family systems assessment utilizing the Family Assessment Form (FAF) for client outcome measurements
- Gained staff recognition for mentoring staff and abilities to engage reluctant clientele
- Supervise and support staff with program services, policies, and personal growth
- Develop and implement staff recruitment and retention strategies
- Developed, marketed, and launched private visitation support services program
- Coordinated and chaired a Best Practice/Safety Committee with staff to review, assess, identify and recommend changes or additions in processes or policies.
- Program consultation to develop and implement effective outcome measurements, practice standards, and training workshops

**PUBLICATIONS***Why Every Psychologist Should Care About Public Education*

Psymposium (Aug 2014)

2014

*Psychology in Rural Primary Care Network*

Psymposium (Vol.23, No.2, Aug 2013)

2013

**PROFESSIONAL PRESENTATIONS***Facilitation of Discussion Regarding Impact of Media and Screens on Children*

Alberta Collaborative Law Association, Edmonton, AB

2016

*Post-Divorce Systemic Family Structural Therapy*

AFCC/ARMS Annual Alberta Conference, Calgary, AB

2016

*Review of Interventions When a Child Resists Contact Post-Divorce*

Alberta Collaborative Law Association, Edmonton, AB

2016

<i>Living Great: Great Living (Workshop Series)</i> Jewish Seniors Centre, Edmonton, AB	2015
<i>Coaching Children Through Their Emotions</i> Grant MacEwan Child Care Conference, Edmonton, AB	2015
<i>Changing Bullying: Developing Empathy with Children</i> Grant MacEwan Child Care Conference, Edmonton, AB	2015
<i>Happiness at Any Age</i> Jewish Seniors Centre, Edmonton, AB	2014
<i>Having a Stress Free Holiday Season</i> Jewish Seniors Centre, Edmonton, AB	2014
<i>Establishing Healthy Boundaries with Children</i> Grant MacEwan Child Care Conference, Edmonton, AB	2013
<i>Caregiver Self-Care and Burnout Prevention</i> Day Home Providers Conference, Edmonton, AB	2013
<i>Keeping the Individual at the Forefront of Diagnosis</i> Guest Lecturer at Scona High School, Edmonton, AB	2013 - 2016
<i>The Mindfulness Hour</i> Professional Lunch and Learn, Fort Saskatchewan PCN, AB	2011

### **COURT RELATED EXPERIENCE**

June 2016 – Child Psychotherapy – The Honourable Mr. Justice L. R. A. Ackert  
 October 2016 – Child Psychotherapy – The Honourable Mr. Justice B. A. Brown  
 February 2016 – Qualified as an Expert Witness in Child Psychology for custody trial  
 February 2016 – Child Psychotherapy – The Honourable Justice Madam A. B. Moen  
 February 2016 – Reunification Counselling – The Honourable Justice Madam Pentelchuk

### **PROFESSIONAL TRAINING**

Assessment of Children’s Behavioural, Clinical, and Social Functioning – Jerome Sattler  
 The New Millennial Family – Marsha Kline Pruett & Kyle Pruett  
 Overcoming Barriers Intensive Program for Children Who Resist Parental Contact Post Divorce  
 Diagnosis in the DSM-5 – Christopher Hopwood  
 Now What? Evaluating Interventions when Attachment Disruption Is Identified – John Paul Boyd & Alyson Jones  
 Mediation of Family & Divorce Conflicts – Legal Education Society of Alberta  
 Interest-Based Negotiations – Legal Education Society of Alberta  
 Advanced Clinical Supervision – Psychologists Association of Alberta & University of Alberta  
 Alberta Rules of Court Practice Note 7; Use of Independent Parenting Experts – Carter, Haave, Vandersteen, & Bateman

Integrating Narrative Therapy and Crisis Intervention – J. Maria Bermudex, Bertranna Muruthi, Lorien S. Jordan, & Morgan Stinson  
The Use of Play Therapy in Family Therapy – Trudy Post Sprunk  
Systemic Treatments of Self-Functioning in Anxiety – Geln Veenstra  
Family Restructuring Therapy – Carter, Haave, Vandersteen, & Bateman  
Dialectic Behavior Therapy – Marsha Linehan  
Gestalt Therapy with Children and Adolescents – Violet Oaklander

### COMMUNITY INVOLVEMENT

Psychologists Association of Alberta Public Education Committee Chair PAA Public Education representative to the American Psychological Assoc.	2013-2015
Psychologists Association of Alberta Board of Directors	2011-2013
Strathcona County FCSS Rainbows Program Facilitator (children's grief/loss group)	2007-2009