

AMY CARDINAL

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EDUCATION

NorthCentral University, Prescott, AZ

Master of Arts in Psychology

2012

Specializing in Gender Studies

Providence Theological Seminary, Otterburne, MB

Master of Arts in Counseling

2002

University of New Brunswick, Saint John, NB

Bachelor of Arts in Psychology

1999

PROFESSIONAL EXPERIENCE

Creating Solutions Inc.

Family Counsellor and then Registered Provisional Psychologist

2002 – present

Working with individuals, couples and families using different therapeutic models such as

- Solution Focused and brief therapies
- Emotion Focused Therapy
- Cognitive Behavioral Therapy
- Structural and Systemic Family Therapy

Turning Point Counseling Services

Family Counselor

2001 – 2002

Working with high risk families and youth in an inner city setting.

CERTIFICATES

INTENSIVE SEX THERAPY TRAINING

2015

PROFESSIONAL PRESENTATIONS

LIVING GREAT-GREAT LIVING FOR SENIORS

2015

MEMBERSHIPS

Psychologists Association of Alberta

College Of Alberta Psychologists 1448p

National Referral Network of Christian counselors for Focus on the Family (Canada)